

OPEN C MAJOR SCALE

STRING	FRET	FINGER			
5	3	3	C	SA	DO
4	0	0	D	RE	RE
4	2	2	E	GA	MI
4	3	3	F	MA	FA
3	0	0	G	PA	SO
3	2	2	A	DHA	LA
2	0	0	B	NI	TI
2	1	1	C	SA	DO

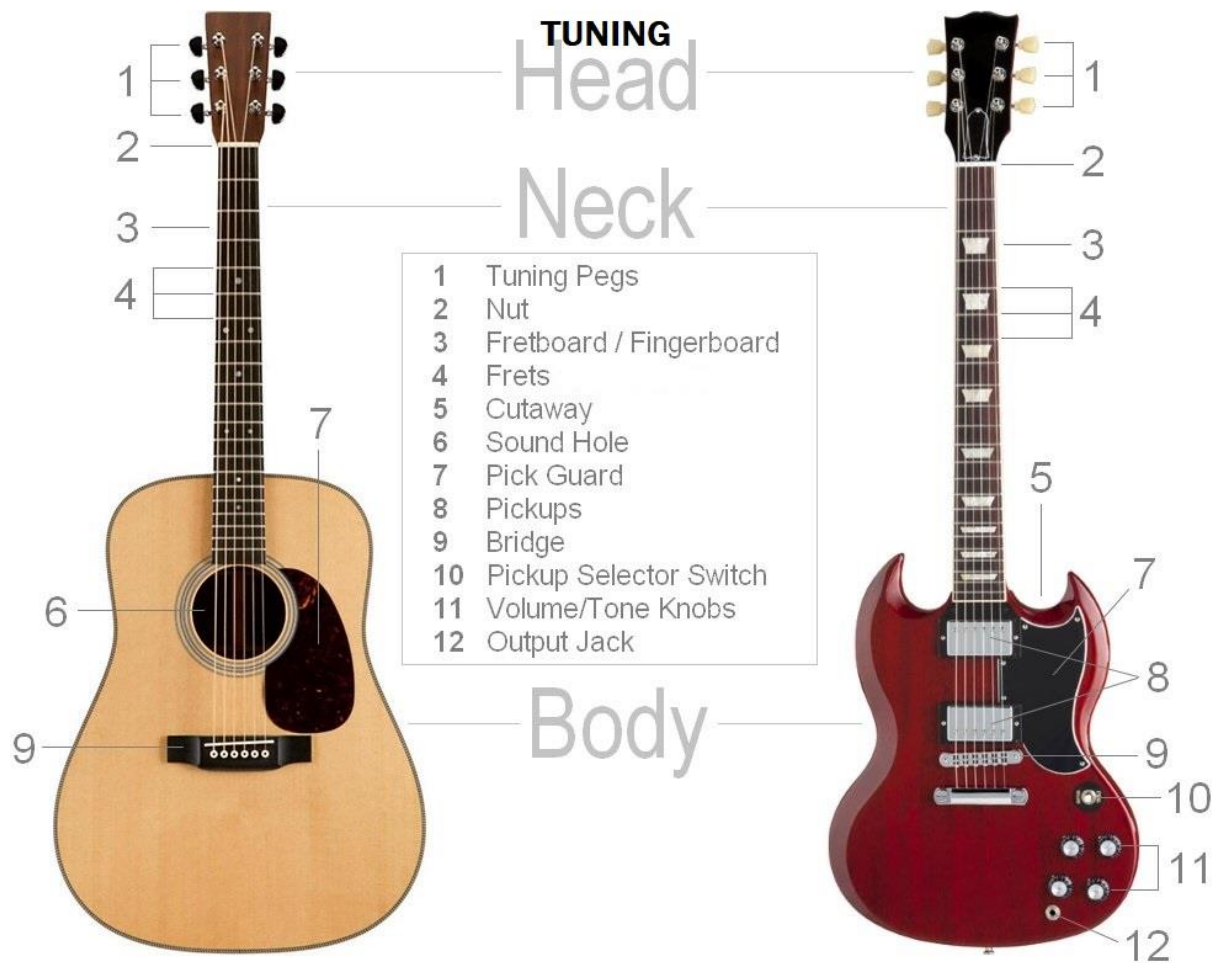
CLOSED C MAJOR SCALE

STRING	FRET	FINGER			
5	3	2	C	SA	DO
5	5	4	D	RE	RE
4	2	1	E	GA	MI
4	3	2	F	MA	FA
4	5	4	G	PA	SO
3	2	1	A	DHA	LA
3	4	3	B	NI	TI
3	5	4	C	SA	DO
3	7	4	D	RE	RE
2	5	1	E	GA	MI
2	6	2	F	MA	FA
2	8	4	G	PA	SO
1	5	1	A	DHA	LA
1	7	3	B	NI	TI
1	8	4	C	SA	DO

CAGED C MAJOR SCALE

STRING	FRET	FINGER			
5	3	1	C	SA	DO
5	5	2	D	RE	RE
5	7	4	E	GA	MI
4	3	1	F	MA	FA
4	5	2	G	PA	SO
4	7	4	A	DHA	LA
3	4	1	B	NI	TI
3	5	2	C	SA	DO
3	7	4	D	RE	RE
2	5	1	E	GA	MI
2	6	2	F	MA	FA
2	8	4	G	PA	SO
1	5	1	A	DHA	LA
1	7	3	B	NI	TI
1	8	4	C	SA	DO

GUITAR ANATOMY



FINGER EXERCISES

1) PLAIN HORIZONTAL INVERSION

STRING	FRET	FINGER
1	1	1
1	2	2
1	3	3
1	4	4

REPEAT THE SAME ON 2ND, 3RD, 4TH, 5TH AND 6TH STRINGS

2) ALTERNATE HORIZONTAL INVERSION

STRING	FRET	FINGER
1	1	1
1	3	3
1	2	2
1	4	4

REPEAT THE SAME ON 2ND, 3RD, 4TH, 5TH AND 6TH STRINGS

3) DIAGONAL INVERSION

STRING	FRET	FINGER
4	1	1
3	2	2
2	3	3
1	4	4

REPEAT THE EXERCISE STARTING FROM THE 2ND FRET UPTO THE 9TH FRET

4) VERTICAL INVERSION

STRING	FRET	FINGER
6	1	1
5	1	2

4	1	3
3	1	1
2	1	2
1	1	3

REPEAT THE EXERCISE STARTING FROM THE 2ND FRET UPTO THE 12TH FRET